

THE NEWBIE'S GUIDE

Question: "How can Q be a conspiracy theory
if you are encouraged to think for yourself?"

QANON: THE QUEST FOR TRUTH

How To Find Meaning And
Purpose By Thinking For Yourself,
Embracing Your Inner Guide,
And Being A Little Weird

BY DON Q

FREE

Please consider a donation to the
"Defend Assange Campaign"

FREE



The Hero's Path

We have not even to risk the adventure alone
for the heroes of all time have gone before us.

The labyrinth is thoroughly known ...
we have only to follow the thread of the hero path.
And where we had thought to find an abomination
we shall find our God.

And where we had thought to slay another
we shall slay ourselves.

Where we had thought to travel outwards
we shall come to the center of our own existence.

And where we had thought to be all alone
we shall be with all the world.

~ Joseph Campbell, The Hero With A Thousand Faces

Dedication

To truth seekers everywhere...

...all the men and women who work every day in the middle of the world;
good hearted people who desire to become better spouses, parents,
workers—as the case may be—that they re-discover their sacred human
sovereignty, and trust their higher selves to lead them home.

WELCOME

Since you're reading this I'm assuming you are seeking to learn more about Q and QAnon. You are a truth seeker!

It's a beautiful world. More glorious than you can imagine. No more war. No more slavery. The captives are being set free. To forgive. To love. To learn and grow. One foot in the old and one foot in the new. Come with me, the best is about to be.

I will do my best to share the truth about Q as I know it, which is all any of can ever do anyway. There's a lot, and it can be very confusing. There are a lot of egos at play with different motives. Who are you supposed to trust?

The purpose behind my little eBook is to help guide you in the right direction, so you don't get lost.

I encourage you to explore, interact, and most of all think for yourself!

What I intend to deliver:

1. A quick guide to get you going
2. A little bit about what I've learned, and
3. Political cover to be yourself.. It's Ok to be a little weird

Who am I?

My name is Don Q, and first and foremost I am a sovereign human being, an American.

I have come to believe that our problems are not because we're Democrat or Republican, because we're black or white, or because we are gay or straight. Apologies if I left anyone out.

Any and every good-hearted person, no matter who you are, is welcome in this movement.

We are all children of our common Creator, and there is a place for each of us.

Everybody is somebody. Working together we can accomplish anything.

I discovered Q in early November 2018. I was a little late to the game compared to some of the others. There is a reason for that, which you will come to understand.

Don't worry, no matter when you get here, it is the right time.

Who Benefits?

Hopefully everyone!

The short guide I am offering is free. These are just my observations.

Through this little e-Book, I am drawing attention to issues of transparency in government and media. I desire to see more truth and justice in our society.

For that reason, if after reviewing what I have shared with you and you find it beneficial, I am asking you to consider making a good-will donation to benefit 'The Defend Julian Assange Campaign'.

What I Do For My Day Job

In my day-to-day work, I am a freelance marketing consultant, and have been a gig entrepreneur since 2006.

I help small business owners get more customers, make more money, and have more fun through my contributions in writing, designing, developing websites, and creating marketing automations systems. I'm the guy to know when you wanna grow.

My areas of interest, which are really universal, are: (1) food as medicine (2) sustainable living, and (3) small local business. Healthy you, healthy environment, and more money in your pocket. It just happens to line up with the triple bottom line of people, planet, profit!

Ok so let's jump in... and answer the question you've been dying to ask:

Is Q A Conspiracy Theory?

There are many people in the government and in mainstream media who refer to Q as “The QAnon Conspiracy” or a “conspiracy theory”.

Hmm... interesting.

Let me ask you this.

**‘If QAnon is a conspiracy theory,
why does Q tell you to think for yourself?’**

A theory is: a supposition or a system of ideas intended to explain something, especially one based on general principles independent of the thing to be explained.

An example of a theory: "Darwin's theory of evolution"

Heliocentrism is a theory. Evolution is a theory. Relativity is a theory. Even the top experts disagree about some of the finer points of theories.

Q Is Not A Theory

Q & QAnon is not a theory. It's more like a series of riddles called Q Drops. Q is very clear: Do the research yourself. Think for yourself. Take responsibility for yourself.

The answers to many of the questions are freely available on the Internet. Others you're not able to unlock yet because they are still hidden: “News unlocks.” Some of the answers you will only find within yourself (these are the ones I really like most).

Newbie Tip #1:

Be Careful Who You Follow

There are many people who are truly our enemies. I am not here to tell you who these people are. You must discover this for yourself.

Then there are others who are in it for the wrong, or misguided reasons.

If this were a game, you'd have many villains:

- Cabal
- Corrupt Political Elite
- Shadow Government
- Pawns/Traitors
- Compromised
- #FakeNewsMedia, as well as
- Paytriots
- Fake MAGA

Or any combination of the above.

Newbie Tip #2:

Think For Yourself. Question Everything!

If someone is trying to convince you to think the way they do, there is probably some other motive at play.

If you follow Q you may learn that many of what we were told were conspiracy theories are actually true! Or maybe not.

Again, I encourage you to think for yourself.

Weirdness

When you begin questioning things, especially conventional wisdom, it's going to feel a little weird. When you follow Q, you're going to see things, learn things that shake your belief system to its foundation.

This is good. Because you have strip yourself of all your false beliefs to get to the real you. Things may seem a little weird, but it's not. When you uncover a false belief, it hurts.

But you are making room for truth... your truth.

And that can only be a good thing. It's beautiful. You are beautiful.

The Big Problem

Lies. Lies upon lies upon lies upon lies. To cover up the truth.

From my perspective, the biggest problem, other than the fact that we've all been pitted against one another, and we've financed endless wars to enrich a small group of ruling elite, is all the information that has been hidden.

Information that could benefit all of humanity.

The corrupt political elite has created endless wars. They've increased our debt, not just here but all over the world. They've sown hatred into our history lessons in order to divide us from each other, and from ourselves.

They'll say one thing and do another. They'll appeal to your nobler instincts, and use your good will against you; usually for large sums of money.

The result is total enslavement.

And we don't know how to handle it so we just do the best we can with what we can. But we feel tired and beat down. And we make bad decisions because we never seem to get a leg up.

We give up on our dreams. We don't listen to our internal guide. And then when we're in survival mode, we make choices that go against what we know is right: The 4 Fs: feeding, fighting, fleeing, and reproduction. This is wrong. There is no other word for it, because this is not what our Creator intended. And it doesn't have to be this way.

Everyone has the power to reclaim their personal sovereignty. It means being open to serve our creator. And listening to our inner guide. #TrustYourSelf
#TrustIsThePlan

Newbie Tip #3:

The Reason You Should Follow Q Is To Learn The Truth

What is the truth?

The truth is that which is true or in accordance with fact or reality. There is moral objective truth and there is personal truth learned from experience.

Fact is, we all different levels of the game. And we' need to learn to not be so judgemental, but to grow in awareness. To uncover what's been going in the world around you, and the truth about the power that is hidden right inside you.

When you rise up above all the drama that is happening in our world, there are these ultimate truths:

- We are all children born of a common creator, brothers and sisters.
- Each of us was born with certain rights: the right to life, liberty, and the pursuit of happiness.
- These sacred rights have been enshrined in our Constitution, and its government's job to protect these rights.

Other than that, we are here to (1) forgive one another (2) to love ourselves and one another (3) and to learn and grow.

In short, first do no harm. And to follow the golden rule.

War is over. The captives are being set free!

First, each of us has to end the war in ourselves. Then with each other. This is entirely within reach. Within our reach. Right now.

Q is a set of riddles and you're supposed to do your own research. As your guide, I would be doing you a disservice if I answer these questions for you. You are the student. And you are the teacher.

That's why this is called #TheGreatAwakening. A good teacher will provide you breadcrumbs, and then guide you along a path to find yourself.

The power you seek lies within.

How did I find Q?

Everywhere I looked for as long as I can remember I have seen lies.

I am probably the biggest researcher of conspiracy theories in the world. We've got plenty of them right? JFK, The Manson Family, The Beatles, and 9/11. They're all around us. They've become part of our culture.

But Ask Questions & Get Labeled "Weird"

I guess I've always been weird.

My Dad too. I know he and his cousin John would sit around for hours talking about who killed JFK. Everyone knows it wasn't a lone gunman. C'mon!

Why did Eisenhower warn the American people about a Military Industrial Complex in his last speech as President? That was in 1961... before many of us, myself included, were even born. Before JFK was assassinated.

But God forbid anyone ever says that they believe in any of them! Play whack-a-mole enough times, pretty soon you keep your crazy ideas to yourself.

But growing up I just felt there was something wrong. I just got sick of all the lies. Lies upon lies upon lies!

You just know it in your heart that we could all be doing better. Our elections are fake. Our representatives do not represent us. We finance endless wars. We're never able to make ends meet.

Our debt is 21 trillion and counting. Who do we owe that money to anyway? Has anyone ever performed an audit? Good question!

Just Scratch The Surface

Believe me it doesn't take long to discover that the B.S. they've been feeding us is... a bunch of B.S. Scratch the surface. Read beyond the headline.

You will quickly learn that whatever they're trying to sell us is a bunch of BS. You really have no idea how much BS.

So I just started participating and was amazed at how much I learned. So I am going to share with you what I've learned. This is not an official Q book. This is my take on Q. From my perspective.

The Middle Class

The middle class has been dying a slow death. We've been disenfranchised. It's hurting people and killing our competitiveness as a nation.

Our government of the people by the people for the people has turned into a government of the lobbyists by an elite ruling class of bureaucrats for the corporations.

Our democracy has become a plutocracy.

What's the really mean? It means the elite make the rules.

And we're just supposed to do our jobs. "Come, walk the wheel with us!" Just put your nose to the grindstone. And do your job. Sit down and shut up.

Unfortunately, there's no way to fight "the system" head on... but there is a way each of us as individuals to take our personal power back. And together, we can become strong again... and restore the dying middle class.

We can stop surviving at the cost of thriving.

First you need to understand how powerful you are. How everything has been set up to make you powerless. The more questions you ask, the more research you do, the more you will reclaim your personal power. Trust me! It doesn't take long.

Then once enough of us band together, #WeThePeople will use our voices and the corrupt political establishment will understand how powerful we really are!

How I Got Started

I followed Donald Trump [@realdonaldtrump](#).

And I saw the positive message he was sending out. The great works he was doing. And getting resistance from both Democrats and Republicans alike. He was getting pounded in the media, and you know what?

Not a word that was being told in the media was true! Just more misdirection and B.S. Don't believe me. Check it out for yourself. Think for yourself! It did not take long for me to realize that something wasn't right.

I saw people commenting on some of his posts with the hash tag #WWG1WGA, and it made me wonder: "What's that?" "That looks interesting." And so I followed some of them other in this order:

General Flynn
[@GenFlynn](#)

Donald Trump Jr.
[@DonaldJTrumpJr](#)

Joe M
[@StormIsUponUs](#)

QuodVerum.com
[@Quodverum_](#)

[intheMatrixxx]
[@intheMatrixxx](#)

President Trump
[@POTUS](#)

Sara A. Carter
[@SaraCarterDC](#)

John Solomon
[@jsolomonReports](#)

[Devin Nunes](#)

@DevinNunes

Mark Meadows

[@RepMarkMeadows](#)

Snow White

[@SnowWhite7IAM](#)

I don't know how I got so lucky. I followed some really extraordinary people. And got up to speed on things pretty quickly.

The more I followed, the more I saw our President trying to do great work. And being blocked by so called "representatives" on both sides of the aisle. Why? Good question!

Newbie Tip #4

Learn from our President and never, ever give up.

If you are trying your best, and getting resistance from all sides. And you believe believe in your heart what you're doing. You are attempting to make a big change that could make a big difference for everybody.

Believe in yourself.

Don't ever give up.

What Would You Like To Accomplish?

Sounds crazy, but follow me, and I will show you how you can tap into the power of the universe inside you, so you can be whoever you really want to be, and do whatever it is you want to do.

What do you need help with? I will show you how you can use QAnon to:

(1) Set goals (2) Unleash your potential (3) Change your habits (4) Increase your productivity and stop procrastinating (5) Organize and prioritize your day (6) Improve your relationships through acceptance and compassion (7) Learning how to be more grateful (8) Change your approach to life (9) Get over the past and embrace the future (10) Get more done in less time (11) Take responsibility for everything that happens to you (12) Make more money online (13) Find your purpose in life (14) Make peace with yourself (15) Replace negative thoughts with positive ones (16) Learn how to avoid distractions and focus on what's really important (17) Deal with anger and anxiety (18) Cure depression (19) Live a healthy lifestyle (20) Do what you love for a living (21) Create more freedom in your business and in life (22) Implement morning and evening rituals for maximum productivity and success (23) Learn how to stay consistent (24) Get motivated to change (24) Find motivation (25) Become emotionally independent (26) Turn your life around with one small action every day (27) Learn the characteristics of happy people and how to become one (28) Build self-esteem and become supremely confident (29) manage your time better (30) Unleash your creative genius (31) Make wiser choices (32) Make plans and create strategies for anything and everything (33) Become more purposeful (34) Leave a great legacy (35) Find inspiration in every day life (36) Learn how to simplify everything (37) Deal with rejection (38) Get better at managing your money (39) Practice more self-control (40) Increasing your willpower (41) Improve your memory (42) Learn to handle stress more effectively (42) Learn to say "no" (44) Start a blog (45) overcome shyness (46) Stop being lazy and learn to take action (47) Grow spiritually (48) Learn how to forgive and love unconditionally (49) Deal with grief, and (50) Fixing your relationships.

Sounds crazy, if you start following Q, and you discover how to reclaim your own personal power, your personal sovereignty, you will figure out how to do any of the things on this list and more! Just believe in yourself!

CONCLUSION

Many times, what Q says is open to interpretation. There are many theories. Not everyone thinks exactly alike. We're all at different levels of understanding and awareness. We need to be OK with that.

Ultimately whatever you believe at the moment becomes your truth. Let it evolve. What you think now may not be what you think tomorrow.

One of the things Q has been saying is: BRING THE PAIN

Newbie Tip #5: Don't wish pain on anyone

I have come to understand that "Bring the pain", at least for me, meant giving up many false beliefs to find my core being. To find who I really am as a person.

Wishing pain on anyone, even those who have hurt us, does not help anyone. Least of all you.

If you value truth, you will understand that not everyone is where you are. Maybe they made mistakes. It's important to treat everyone with love and compassion. Most of all ourselves!

GETTING STARTED

Create a Twitter Account.

Decide if you're going to be an Anon or yourself as a real person.

Many of us are deciding to participate and be real people: You can be a real person or an anon. It's up to you .

Everyone lives by the same code.

Here is the QAnon Code of Ethics:



1. Create a Twitter profile <https://twitter.com/>
 - a. Follow some Anons #QAnon
2. Start reading Qmap.pub <https://qmap.pub/>
 - a. Just jump in and explore. Keep an open mind. Try solving one of the Q drops. See what other people are saying about it.
3. Download the Free E-Book: <https://twitter.com/1ambecauseweare>

My Promise To You: What You Will Find:

If you start following Q, here's what you will find:

You'll find patriots who have values.

You'll find people who are working hard every day to build a better culture.

You'll also find people who are building beautiful relationships.

You'll learn things and you'll see souls uniting on Twitter.

I happen to know there is a real plan for a better world, and it is glorious!

Everyone has a purpose. You must discover yours. Everyone has a mission. After you discover your purpose, you will find your mission.

If You Follow Me

I will show you how to reclaim your power as a sovereign human being. I will show you how we can build a world where each person benefits from:

1. An Economic Bill of Rights
2. Access to Reasonably Priced Nourishing Food
3. Green Transition to Cheap, Sustainable Energy
4. Financial Reform and Security, and
5. A Functioning Republic

What Is In It For You

You will go from feeling powerless to feeling empowered like never before.

You will discover how to become healed... to heal yourself.

You will feel love like you've never felt it before.

When that happens, some people may view you as a little weird or eccentric. That's OK!

Anyone and everyone who has ever accomplished anything great once took that risk.

Don't be afraid to think different.

Welcome to our beautiful new world! Speaking on behalf of everyone who desires to create a better world through this movement, we've been waiting for you!

Bless you!

Don Q

[@DeQuixote](#)

<https://tiltingatgiants.com/>

Re: Wikileaks

I support transparency in Government and Media Stand For Truth And Justice - Defend Julian Assange Against Smear Campaigns

Good hearted people around the world who support transparency and truth in government can now make a difference

Steve McMaster and The Courage Foundation will donate \$5 for every person who posts a picture on March 10 showing street- level action support in a different city across the globe. You can also make donations directly to The Courage Foundations's GoFundMe page. The goal is to raise \$500,000 for the Julian Assange & WikiLeaks Public Defense Fund.

Julian Assange's safety is in serious jeopardy. He is now threatened with imminent arrest and extradition from the United Kingdom to the United States where he faces life in prison. He and his campaign team urgently need your help. Elements in the US government are aggressively pressuring Ecuador to withdraw his asylum status - the time for action is now!

Since 2010 the US government has pursued a secret Grand Jury investigation into WikiLeaks and the US government has already charged Assange in a sealed indictment. These charges are an attack on freedom of speech and the right to publish. If Assange is to be persecuted for publishing truthful information, then other news organizations and even individuals could be next.

Publishing is not a crime – it is a fundamental constitutional right. The bringing of criminal charges against Julian Assange for publishing is an extremely dangerous path for a democracy to take.

Here is a post byTulsi Gabbard:

<https://twitter.com/wikileaks/status/1104432985888247809>

Help defend Julian #Assange from smear campaigns that threaten his chances for freedom! More details at Defend Assange Campaign. Photos of street-level action can be posted on Twitter at @Unity4J.

#Unity4J ACTION ▣ @Unity4J <https://twitter.com/Unity4J> #Unity4J